

INTERNATIONAL DAY OF YOGA

21st June 2022

COUNTDOWN: **25** Days to go

Do you know?



Syncopal episode

Queen Elizabeth's guard fell down due to vasovagal syncope. 6th November 2016

CIMR in collaboration with the Department of Cardiology have demonstrated that yoga added to standard treatment is superior to standard treatment alone in reducing symptoms and improving quality of life for people with recurrent **Vasovagal Syncope.**